

4) Many of us take our shoes off at the door when we get home since shoes can drag in dirt, toxic chemicals and other things from outdoors into the home. But walking around barefoot can also cause damage. Natural oils in our skin can be deposited on the floor, attracting dirt and debris. The solution? Walk around with socks on. It will keep your floors clean and your home healthy.



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Bogs Footwear

5) In the spring, line drying your clothes is the most energy-efficient way to do laundry. But for people with allergies, line drying also means bringing pollen and other allergens into the home. The best solution? Line dry for energy efficiency, and then tumble dry in the dryer for a few minutes to eradicate the allergens. You'll reap the environmental rewards and won't be sniffing or sneezing.